

Today's Date: \_\_\_\_\_

**Boy Scouts – Swim Testing/Canoeing Practice**  
**Sign-In Sheet**

1. I understand that my participation in YMCA activities regardless of location is at my own risk. As such, I assume full responsibility for bodily injury, death, or property damage arising out of my participation in YMCA activities.
2. I understand that my child/children's participation in YMCA activities, regardless of location is at my own risk. As such, I as the parent or legal guardian assume full responsibility for bodily injury, death, or property damage arising out of my child/children's participation in YMCA activities.
3. I do hereby for myself, my heirs, executors and administrators waive release and forever discharge any and all rights and claims for damages which I may have hereafter accrue to me arising out of or connected with my permission in YMCA activities.
4. I understand that, on occasion, photos may be taken for YMCA promotions/publicity as such; I give my permission for the use of my/my family's likeness in such promotion.

*Number 2 and 4 only apply to parents signing for their minor children.  
Paragraphs 1, 3 and 4 apply to all adults 18 years of age and older*

**Participant's Name**

**Parent's or Legal Guardian Signature**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.